Older people want to look good for their age and slow the aging process. By Muriel Reddy

The elixir of youth

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Physically improving yourself through surgery is now an acceptable option in society.

Providing food for the soul

The top 10 most common plastic surgical procedures in Australia are:

- Breast augmentation
- Breast mastopexy
- Breast reduction
- Face lift
- Ear surgery
- Rhinoplasty
- Eyelid surgery
- Liposuction
- Abdominoplasty
- Body lift